## Individual Profile

### Delivery

- Inhibited
- Well-paced
- Shifted weight from one foot to other
- Used space appropriately
- Overall image

- Locked hip
- Was stiff/unnatural
- Stepped back from audience
- Reinforcing facial expressions
- Non-words (uh, ya’ know)

- Used mini-gestures
- Enthusiastic
- Stood at an angle to the group
- Used spontaneous, motivated gestures
- Was sensitive to and concerned about audience

### Hands

- In pockets
- Arms folded
- Unnecessary movement

- Behind back
- Blocking face
- Well-groomed

- Clenched in front
- Grasping on lectern
- Purposeful gestures

### Eye Contact

- Over their heads
- Needs improvement

- Too rapid/sweeping
- Head bobbed

- Met entire audience
- Level of sincerity/credibility

### Voice

- Rate
- Emphasis
- Too fast

- Variety
- Insufficient volume
- Too slow

- Clarity
- Monotone

### Timing and Organization

- Effective grabber
- Too much material
- Gained & held attention

- Stayed in time limit
- Clarity of goal
- Support or amplification of main points

- Structured thought pattern
- Visual aids
- Clear & appropriate language